418 Northwest Area Service Committee Meeting In August we must write in our minutes the changing of executive body for banking purposes

Date: 03/05/2025

CALL TO ORDER AT: 7:30

12 TRADITIONS READ BY: Ally M
12 CONCEPTS READ BY: Allison
ROLL CALL – GSR's: Yuliya Gustin
MINUTES ACCEPTED BY: Ally

SECONDED BY: A

NEW GROUPS: KISS - Keep it simple sister. Monday nights @ 7 pm @ Beth T'filoh

- o ASC REPORTS:
 - o CHAIR REPORT: Excused
 - VICE-CHAIR REPORT: No report
 - POLICY CHAIR REPORT: No report
 - SECRETARY REPORT: No Report
 - o RCM REPORT: Emailed.
 - RCM ALTERNATE REPORT: Vacant
 - o WEBMASTER REPORT:
 - Emailed
 - o VICE WEBMASTER REPORT:

o SUBCOMMITTEE REPORTS:

- HOSPITALS & INSTITUTIONS REPORT:
 - Emailed
- o PUBLIC RELATIONS REPORT:
 - Updated schedule, library, methadone clinic, home depot
- SPECIAL EVENTS REPORT
 - emailed
- o HOTLINE REPORT
 - Emailed
- o LITERATURE REPORT:
 - Emailed report
- BEYOND THE WALLS STEP WRITING REPORT:
 - Do we want to include detention centers in Beyond the walls step writing
 - State detention centers to be included in reaching out for writing the steps
 - Morgana to let us know how she would like for the group to meet next month zoom or in person
- o OLD BUSINESS:
 - o No old or tabled business
- o NEW BUSINESS:
- o no new business

O GROUP CONCERNS / ANNOUNCEMENTS:

•

o **OPEN POSITIONS (ELECTIONS)**:

o Open at the start of Area:

RCM alt (2 yr)

Special Events - David S - Passed in waving clean time requirement. David only has 1 year clean. Waved. Voted in as special events chair.

o Open positions at the end of Area:

• RCM alt (2 yr)

	Changes from Prev Month	\$
Treasurer Report	Beginning Balance	\$ 2760.82
	Income	\$ 1343.92
	Lit Sale	\$
	Donations	\$
	Expenses	\$ 672.93
	Prudent Reserve	\$
	Ending Balance	\$ 3167.25
	Regional Donation	\$ 264.56

- o **READING OF THE ANNIVERSARIES SHEET:** Read and attached.
- o **MEETING ADJOURNED:** 8:33

Northwest Area RCM Report

3-5-25

RCM: Jeff K Phone: 443-895-1994 Email: jlkonkus@gmail.com RCM Alternate: Vacant Phone: -

2-8-25 On Month

Relevant Reports

8 of 10 areas present

Old Business: off month

- 1. Motion: to update regional policy on "cancelation" to read:
 - a. Inclement Weather: update to policy for zoom
- 2. Term Limits discussion
- 3. Quorum discussion

New Business:

- 1. Service Event has released the flyer released and additional adhoc meetings to plan the event will be scheduled
- 2. Motion for PR subcommittee for upcoming TUERK conference for \$1500 passed
- 3. Motion for inclement weather discussed last month passed
- 4. RD report attached
- 5. Service center report attached
- 6. Convention Chair report attached
- 7. Subcommittee reports attached

Treasury Balance: \$6,923.41

Meeting adjourned at 1:07pm with the Serenity Prayer. The next regional meeting is the off month on 3-8-25

In Loving Service,

Jeff K

Freestate Regional Service Meeting





2/08/2025

Meeting Opened at 11:00 am with the serenity prayer.

Read the 12 Traditions: Kris W

Reading the 12 Concepts: Tyrone M

Visitors:

New RCM's:

Approval of Previous Minutes:

Roll Call:

Executive Body:

Chair	X
Vice-Chair	X
Secretary	X
Alternate Secretary	X
Regional Delegate	X
Regional Delegate Alternate	X
Treasurer	X
Vice-Treasurer	V
Policy Facilitator	X

Subcommittees:

H&I	X
Literature	X
Special Events	X
Phoneline	X
Public Relation	X
Service Center	X
Convention Rep	X
Web Coordinator	X

Areas:

RCM I RCM II REPORT

Baltimore	X	V	
Bay	X	X	
Delmarva	X	A	
East of the Bay	A	A	
Northeast Freedom	X	X	
Northwest	X	V	
Ocean Gateway	X	V	
Small Wonder	X	A	
Susquehanna	X	X	
Westside	A	V	

Board Reports:

<u>Chair Report</u> – No Report

<u>Vice Chair Report</u> – No Report

Secretary Report –N/A

Alt. Secretary Report – N/A

Regional Delegate Report - Report Attached

Regional Delegate Alternate Report - Report Attached

Policy Facilitator Report - Report Attached

FSR Service Center Board – Report Attached

<u>Convention Report</u> – Report Attached

<u>H&I</u> – Report Attached

<u>Literature</u> – Report Attached

<u>Special Events</u> – Report Attached

<u>Phoneline</u> – Report Attached

<u>Public Relations</u> – Report Attached

<u>Treasurer Report</u> – Report Attached

<u>Vice Treasurer Report</u> – N/A

Web Coordinator Report - NA

Old Business:

1. Here is the wording the Policy Facilitator came up with last month:

Motion: to update regional policy on "cancelation" to read:

Inclement Weather:

Inclement Weather Policy: The Executive Body is to decide if meeting online only is necessary by 10

pm the evening before the RSC meeting. If decided to only meet online, the Chair will

notify the Website Coordinator who will then post it to the Regional website. If that decision is made, the meeting goes on as usual at the same date and time online only instead of the normal hybrid meetin g. It is up to all participating members of the RSC to attempt to be aware of the status of the RSC meeting if inclement weather threatens.

Intent: To utilize our ability to meet online only and not need to meet at a different da te when we may not know the availability of the Service Center.

New Business:

- **2.** AD Hoc—The flyer for the event has been circulated on social media. We are working on getting speakers. The goal is to have more diversity in speakers. The hope is to have another AD Hoc meeting soon.
- 3. Motion #1 See Attachment
- 4. Motion #2 See Attachment

Meeting Adjourned: 1:43 pm with Serenity Prayer.



Free State Regional Service Committee Meeting February 8, 2025

Old Business	Person(s)	Next Steps/Notes
New Business	Person(s)	Next Steps/Notes
Official Motions	Person(s)	Vote Outcomes/Notes
1. Annual Events: The Regional PR Subcommittee is requesting \$1,500 for the upcoming Tuerk Conference on Tuesday, April 29, 2025 at the Convention Center. The basic table cost for the day is \$800 and comes with one (1) badge. Last year, two additional badges were purchases for \$200/each. The multiple badges allow for two+ members to man the table during the entire day and a backup person should someone need to leave. Policy states that we should have no less than two members when doing events and/or presentations. We can purchase a table and three badges for \$1,400 and have surplus funds for literature. Intent: To carry the message and aim for the public to recognize NA as a positive and reliable organization. Further develop valuable relationships with professionals and the general public through networking.	Mover: Kristy D. 2 nd : Jeff H.	In favor = 6 Opposed = 0 Abstained = 2 Passed: 2/8/2025 Policy Motion: NO This not a policy motion; however, we should consider adding this cost to the Operation Budget for Annual Events.
2. Inclement Weather Policy: The Executive Body is to decide if meeting online only is necessary by 10pm the evening before the RSC meeting. If decided to only meet online, the Chair will notify the Website Coordinator who will then post it to the Regional's website. If that decision is made, the meeting goes on as usual at the same date and time online only instead of the normal hybrid meeting. It is up to all participating members of the RSC to attempt to be aware of the status of the RSC meeting if inclement weather threatens. Intent: To utilize our ability to meet online only and not need to meet at a different date when we may not know the availability of the Service Center.	Mover: Tyrone M. 2 nd : Rodney P.	In favor = 8 Opposed = 0 Abstained = 0 Passed: 2/8/2025 Policy Motion: YES Accepted by Policy Facilitator Kris W.

Regional Delegate Report to The FreeState Region 02/08/2025

Greetings,

The excitement is building for the upcoming Interim WSC and there are also other important items that Michelle and I need to report on. At the risk of lengthy repetitive reporting, we will try to consolidate our reporting as not to be redundant in our reporting.

Michelle will discuss what has been going on with the upcoming Interim CAR, past CAR events and tally sheets, and I will tackle the upcoming events scheduled on the CP digest, decisions made at the last Zonal Forum meeting, and MARLCNA.

There are 4 upcoming Full Membership Participation "Fellowship Webinars".

- 15 March 2025: New Opportunities in H&I Service (begins at 10am PDT)
- 3 May 2025: Service Day–Reimagining and Revitalizing Service Committees IDT
- 12 July 2025: Dealing with Disruptive and Predatory Behavior IDT
- 6 September 2025: Unity Day (special event TBD)

Conference Participant Web Meeting Dates for 2023-2026 Conference Cycle

- 15 February 2025 Interim WSC Orientation
- 26 April 2025
- 21 June 2025
- 16 August 2025
- 18 October 2025
- 13 December 2025

I will reiterate that surveys will soon be the only the only avenue for each and every one of us to have a voice at the WSC. In the spirit of CBDM (Consensus Based Decision Making) It is vital to participate in these surveys. Where these surveys arrive are from issues that come up or changes that need to be updated to suit the needs of what is going on in the world of NA, our program and our literature. By now one could have realized that the theme of this conference cycle is "Creating our Future" and we would like every member to participate in this.

Surveys

- Membership Survey: deadline 31 January 2025
- Virtual Service Basics Input Survey: deadline 1 March 2025-Provide input on outline of tool.

- Step Working Material Survey: Tell us what you'd like to see deadline 17 March 2025
- WCNA Survey: available through mid 2025 What factors lead you to attend or not attend the World Convention.

Annual Events (These dates could be used for event planning)

Service Day 1 May

PR Week First full week in June

World Unity Day 6 September 2025

Sponsorship Day 1 December

- 13 February 2025–Deadline for amendments to be in final form for Interim WSC
- 28 February 4 1 March 2025(11am-1pm & 2pm-4pm, PST)-Interim WSC
- 1 May 2025-Deadline for regions to request seating•
- 1 July 2025–Deadline to receive regional and zonal motions; must be CAR ready by 3 August 2025
- 30 September 2025-Deadline for RBZshrp@na.org
- 3 November 2025 2026 CAR posted
- 3 December 2025 Translated CARs posted
- 3 February 2026–Conference Approval Track material posted
- 3-9 May 2026-World Service Conference 2026

Next week we have our CP webinar and the subject will be orientation and the Interim WSC 2025.

The initial Straw Poll for the conference will be ASAP after the Amendment Deadline.

Michelle and I attended MARLCNA on January 17-18. As far as I am concerned attendance by the RCM's and interested members involved in NA service at any level is beneficial for those interested in what is going on at NAWS. It creates a first-hand communication channel and interaction with the WB and WSO Special Workers. It could serve to fill in the blanks of what the RD's and AD's might leave out that could be important to your Areas and or membership. For the RD's and AD's it is repetitive of the prior CP webinar. It is a redundant use of the RD/AD time, and a waste of our financial resources. I would solicit to this body to change our policies of funding

attendance to MARLCNA and the removal of any reference to MARLCNA in our policies. There are other service conferences that would better suite the needs or our region. Speaking of which NESSSNA 3 is happening at the end of April and I would like to solicit this body for the RD and RDA to attend April 25-27 in Frazer PA. Hotel is \$139.00 per night Registration is \$35.00.

I have attached the NEZF summary of decisions from our meeting two weeks ago. There was one mistake which I pointed out to the secretary; Michelle H was in attendance. In the proposed budget for the NEZF our region is suggested to donate no less that \$160.00 6 times a year, in order to meet the Fiscal Needs of the NEZF. I also think we would need a motion for this to put into policy. This is not permanent as at some point NESSSNA will also start contributing to the Zonal Forum.

ILS

Randy K. RD

Northeast Zonal Forum

Summary of Decisions - 1.26.25 Meeting ID: 859 5086 2091 Password: NEZF

REGIONS PRESENT (13/15 Regions Present)

ABCD RD Not Present AD Not Present

Central Atlantic - RD Sherry Present AD Not Present AD 2 Not Present

Chesapeake & Potomac – RD Robert F Present **AD Not Present** Connecticut – RD Allyse M. Present AD Tami-Jo S. Present Eastern New York – RD Not Present **AD Not Present** Freestate – RD Randy K. Present **AD Not Present** Greater New York – RD Maurice S Present **AD Not Present** Greater Philadelphia – RD Clarence A. Present **AD Not Present** Mid-Atlantic – RD Patricia T. Present **AD Not Present** New England – RD Jim D. Present AD D'Lanor Present New Jersey - RD Lou E. Present AD Michelle G. Present Northern New England – RD Alison S Present AD Lee O. Present Northern New Jersey – RD Maurice K. Present AD Myra Present Northern New York – RD Jon A. Present **AD Not Present** Western New York – RD Sarah L. Present AD Matt S. Present

ELECTIONS - Chair - James P

PRIORITIZED PROJECT PLAN (IN ORDER OF SUPPORT)

- NEZF Service Helpline Project Plan PASSED
- Targeting Marginally or Underserved Members Project Plan PASSED
- Streamlined Communications Project Plan. (Committed to IT)
- Financial Planning Project Plan (Committed to Finance)

BUDGET - PASSED

PROPOSALS

- Reimburse planning facilitators for travel (tabled from October)
 - Proposal TABLED
- Make Guidelines Workgroup a standing committee
 - Final straw poll 4 -8-1 Proposal does not pass
- Change NESSSNA chair term/election to April
 - Initial straw poll 12-0-0-1 *Proposal Passes*
- Extend Virtual NEZF meetings by one hour
 - o 2p-5p 11 in favor *Proposal passes*
- To investigate the usage of CBDM that works best for the Northeast Zonal Forum.
 - Withdrawn

CLOSING BALANCE - \$4,084.41.

OCT '25 HOSTING REGION - NORTHERN NEW JERSEY! Upcoming Meeting Schedule - visit NEZF.org for more info Steering Committee - 2/23 9:00p - Zoom Id: 859-5086-2091 PW: NEZF Next Full NEZF - 4/25-4/27 - Frazer, PA

Freestate Regional of NA RDA report February 8, 2025

This past month the RD and I attended MARLCNA and held a zoom meeting for the Interim CAR workshop where we reviewed and discussed the motions. The workshop was a success and had attendees from all over the region.

It is vital that the RCMs actively engage your groups and encourage them to submit their votes using the tally sheets. They can be submitted to Randy or myself via email, text or phone call.

Please submit them by February 25th the absolute latest.

Thank you for allowing me to serve.

In loving service,

Michelle H.

908-930-9452

Michellehuzy815@gmail.com



Free State Regional Service Center of N.A. INC.

217 N. WARWICK AVENUE • BALTIMORE, MD 21223 • TEL. 410-566-4200 • FAX 410-362-8505 Website, www.fsrcna.com - email: barsc@verizon.net

January 23, 2025

Financial Report for December 2024

Literature Sales for December 2024	.\$30,399.88
Bank Balance as of 01/23/2025	\$82,753.53
Savings Account as of 01/23/2025	\$6,673.06
Time Account CD as of 01/23/2025	\$21,495.83

Outstanding debt to NAWS approximately \$30,000.00.

Accounts Receivable \$6,239.09 (Area literature orders as of (01/23/2025).

WELLS FARGO

BUSINESS CHECKING

Account ...2988
Routing numbers

\$82,753.53

Available balance

Account & balance info

Ending collected balance as of 01/22/25	\$82,305.17
Current posted balance	\$83,586.17
Pending withdrawals/debits	-\$832.64
Pending deposits/credits	\$0.00
Available balance	\$82,753.53

In Loving Service, Scott P.

From 12/01/2024 through 12/31/2024 Sorted by: Date, Type, Number/Ref

Date	Number	Payee	Account	Memo	Payment	C	Deposit	Balance
12/02/2024			Literature Sales	Fiserv (Credit		_	521.59	44,177.66
12/02/2024			Donation	Mobile Deposit			200.00	44,377.66
12/02/2024			Literature Sales	Mobile Deposit			77 2.71	45,150.37
12/02/2024		,	Literature Sales	Mobile Deposit			120.00	45,270.37
12/02/2024		Ⅎ	Literature Sales	Mobile Deposit			438.85	45,709.22
12/02/2024			Literature Sales	Fiserv (Credit			60.00	45,769.22
12/02/2024		United Parcel Service	Shipping		555.47			45,213.75
12/02/2024		ADP Financial Servi	Payroll Expenses					
12/03/2024			Donation	Deposit			380.00	45,322.57
12/03/2024			Literature Sales	Fiserv (Credit			1,173.25	46,495.82
12/03/2024			Literature Sales	Fiserv (Credit			1,723.72	48,219.54
12/03/2024			hotels	Convention Fre	270.26			47,949.28
12/03/2024		Blair and Associates	Professional Fees:Acco		65.00			47,884.28
12/03/2024		Centric	Equipment Purchase	Copies	20.00			47,864.28
12/03/2024		Baltimore Gas & Ele	Utilities		116.96			47,747.32
12/03/2024		Small Bus. Admint	Loan Payment		152.20			47,595.12
12/03/2024		uS Bancorp	Equipment Rental		615.18			46,979.94
12/04/2024			Donation	Deposit			45.00	47,024.94
12/04/2024		Verizon	Telephone		445.16			46,579.78
12/05/2024			Literature Sales	Fiscry (Credit			1,823.79	48,403.57

From 12/01/2024 through 12/31/2024

Sorted by: Date, Type, Number/Ref

Date	Number	Payee	Account	Memo	Payment C	Deposit	Balance
12/05/2024			Literature Sales	Fiserv (Credit		10.50	48,414.07
12/05/2024		Sam's	Supplies:Office		160.14		48,253.93
12/05/2024		The Brian Group	Rent	Rent	1,000.00		47,253.93
12/05/2024		ADP Financial Servi	Payroll Expenses				
12/05/2024		ADP Financial Servi	Payroll Expenses				
12/06/2024		ADP Financial Servi	Payroll Expenses	Fees	20.53		46,403.07
12/06/2024		Comptroller Of Treas	Sales and Use Tax		684.34		45,718.73
12/09/2024			Literature Sales	Fiserv (Credit		115.51	45,834.24
12/09/2024			Literature Sales	Zelle		32.00	45,866.24
12/09/2024			Literature Sales	Mobile Deposit		11.13	45,877.37
12/09/2024			Donation	Baltimore Area		90.00	45,967,37
12/09/2024			Literature Sales	Mobile Deposit		169.74	46,137.11
12/09/2024			Literature Sales	Fiscrv (Credit		18.55	46,155.66
12/09/2024		United Parcel Service	Shipping		546.66		45,609.00
12/09/2024			Credit Card Account		101.54		45,507.46
12/10/2024			Literature Sales	Fiserv (Credit		754.11	46,261.57
12/10/2024			Literature Sales	Fiserv (Credit		1,162.26	47,423.83
12/10/2024			Credit Card Account		7.12		47,416.71
12/10/2024			Credit Card Account		46.53		47,370.18
12/10/2024			Credit Card Account		79.50		47,290.68

From 12/01/2024 through 12/31/2024 Sorted by: Date, Type, Number/Ref

Date	Number	Payee	Account	Memo	Payment	С	Deposit	Balance
12/11/2024			Literature Sales	Mobile Deposit			485.86	47,776.54
12/11/2024			Literature Sales	Mobile Deposit			1,010.90	48,787.44
12/11/2024			Literature Sales	Mobile Deposit			2,148.34	50,935.78
12/11/2024		Wayne Maddox	Printing and Reproduct	Printing Sched	825.00			50,110.78
12/11/2024			Credit Card Account	Clover Apps	91.06			50,019.72
12/12/2024	•	·	Literature Sales	Fiserv (Credit			1,219.21	51,238.93
12/13/2024			Literature Sales	Mobile Deposit			517.56	51,756.49
12/13/2024		John White	Repairs; Computer Rep	Zelle	250.00			51,506.49
12/13/2024		ADP Financial Servi	Payroll Expenses	Fees	20.53			51,485.96
12/13/2024		ADP Financial Servi	Payroll Expenses	Fees				
12/13/2024		ADP Financial Servi	Payroll Expenses	Fees				
12/16/2024			Literature Sales	Fiserv (Credit			1,428.17	52,083.80
12/16/2024			Donation	Mobile Deposit			350,00	52,433.80
12/16/2024			Literature Sales	Mobile Deposit			452.27	52,886.07
12/16/2024			Literature Sales	Mobile Deposit			561.79	53,447.86
12/16/2024			Literature Sales	Mobile Deposit			1,574.41	55,022.27
12/16/2024			Literature Sales	Mobile Deposit			778.11	55,800.38
12/16/2024			Donation	Cash App			15.00	55,815.38
12/16/2024		Dinos	Food	Free State Regi	124.25		,	55,691.13
12/16/2024			Equipment Purchase	First Data	43.11			55,648.02

From 12/01/2024 through 12/31/2024 Sorted by: Date, Type, Number/Ref

Date	Number	Payee	Account	Memo	Payment C	Deposit	Balance
12/16/2024		United Parcel Service	Shipping		674.11		54,973.91
12/17/2024			Literature Sales	Fiserv (Credit		1,184.35	56,158.26
12/17/2024			Literature Sales	Fiserv (Credit		1,810.71	57,968.97
12/17/2024			Literature Sales	Deposit	,	2,217.00	60,185.97
12/17/2024			Credit Card Account	First Data		43.11	60,229.08
12/17/2024		Centric	Equipment Purchase	Copies	10.55		60,218.53
12/18/2024			Literature Sales	Mobile Deposit		554.68	60,773.21
12/18/2024			Literature Sales	Mobile Deposit		2,629.15	63,402.36
12/19/2024			Literature Sales	Fiserv (Credit		621.51	64,023.87
12/19/2024			Literature Sales	Mobile Deposit		1,200.11	65,223.98
12/19/2024			Credit Card Account	First Data	76.22		65,147.76
12/20/2024			Literature Sales	Mobile Deposit		25.68	65,173.44
12/20/2024			Literature Sales	Mobile Deposit		120.00	65,293.44
12/20/2024			Literature Sales	Venmo		50.00	65,343.44
12/20/2024			Donation	Mobile Deposit		5,000.00	70,343.44
12/20/2024		ADP Financial Servi	Payroll Expenses	Fees	20.53	,	70,322.91
12/20/2024	1208	Narcotics Anonymou	Literature Purchase		37,076.96		33,245.95
12/23/2024			Literature Sales	Mobile Deposit		229,27	33,475.22
12/23/2024			Donation	Free State Con		400.00	33,875.22
12/23/2024		United Parcel Service	Shipping		429.11		33,446.11

From 12/01/2024 through 12/31/2024 Sorted by: Date, Type, Number/Ref

Date	Number	Payee	Account	Memo	Payment C	Deposit	Balance
12/23/2024			Credit Card Account	Fiserv (Credit	429.73		33,016.38
12/23/2024			Credit Card Account	Fiserv (Credit	412.35		32,604.03
12/24/2024			Literature Sales	Fiserv (Credit		274.94	32,878.97
12/24/2024			Literature Sales	Fiserv (Credit		385.06	33,264.03
12/24/2024			Literature Sales	Fiserv (Credit		453.17	33,717.20
12/24/2024			Donation	Cash App		44.26	33,761.46
12/24/2024			Donation	Cash App		15.00	33,776.46
12/24/2024		Verizon	Telephone		392.58		33,383.88
12/24/2024		uS Bancorp	Equipment Rental		615.18		32,768.70
12/24/2024		Quickbooks	Computer Software		60.00		32,708.70
12/26/2024			Literature Sales	Mobile Deposit		200.19	32,908.89
12/26/2024			Literature Sales	Mobile Deposit		844.24	33,753.13
12/26/2024			Literature Sales	Mobile Deposit		171.03	33,924.16
12/26/2024		Verizon	Telephone		136.62		33,787.54
12/26/2024		New York Life	Insurance		83.22		33,704.32
12/26/2024		ADP Financial Servi	Payroll Expenses				
12/26/2024		ADP Financial Servi	Payroll Expenses				
12/26/2024		ADP Financial Servi	Payroll Expenses				
12/27/2024			Literature Sales	Fiserv (Credit		591.13	32,571.26
12/30/2024		United Parcel Service	Shipping		493.66		32,077.60

From 12/01/2024 through 12/31/2024 Sorted by: Date, Type, Number/Ref

Date	Number Payee	Account	Memo	Payment C	Deposit	Balance
12/31/202	24	Donation	Venmo		4.00	32,081.60
12/31/202	24	Literature Sales	Fiserv (Credit	•	188.95	32,270.55
12/31/202	24	Literature Sales	Fiserv (Credit		299.21	32,569.76
12/31/202	.4	Literature Sales	Fiserv (Credit		721.29	33,291.05
12/31/202	1.4	Donation	Cash App		15.00	33,306.05

WELLS FARGO

BUSINESS MARKET

RATE SAVINGS

Account ...1044

\$6,673.06 Available balance

Routing numbers

Account & balance info

Ending collected balance as of 01/23/25	\$6,673.06
Current posted balance	\$6,673.06
Pending withdrawals/debits	\$0.00
Pending deposits/credits	\$0.00
Available balance	\$6,673.06
Monthly Service Fee Summary	

Activity

First

Previous

Next

Date	Description	Deposits/Credits	Withdrawals/Debits
ending Trans	sactions	W Mallindowski Bariff (Mall I file) (Mallindowski i file) ografi er svoranski kan bariff kommer kritiski er o	
No pending	transactions to view.		
sted Transa	ctions		
12/31/24	INTEREST PAYMENT	\$0.06	and the second of the second s
11/29/24	INTEREST PAYMENT	\$0.06	
11/25/24	ONLINE TRANSFER TO FREE STATE REGIONAL SERVICE		\$1,218.00
Totale		¢1 820 27	¢15 047 57

Totals \$1,820.27 \$15,047.57

WELLS FARGO

TIME ACCOUNT

\$21,495.83

...9481

Account balance

Account & balance info

Ending balance as of last business day (01/22/25)	\$21,495.83
Interest earned this period	\$38.28
Interest paid year-to-date	\$84.54
Interest rate	4.64%
Annual percentage yield (APY)	4.75%
Maturity date	02/09/2025

Activity

First

Previous

Next

Date	Description	Deposits/Additions	Withdrawals/Subtractions
01/09/25	INTEREST PAYMENT	\$84.54	
12/09/24	INTEREST PAYMENT	\$81.50	
11/08/24	INTEREST PAYMENT	\$83.89	
10/09/24	INTEREST PAYMENT	\$80.86	·
09/09/24	INTEREST PAYMENT	\$83.24	
08/09/24	INTEREST PAYMENT	\$72.92	
07/09/24	RENEWED DEPOSIT	\$21,008.88	
07/09/24	INTEREST PAYMENT	\$79.97	

Free State Region Convention Chair Report

February 8, 2024

FSRCNA Chair: Kris W. Phone: 443-340-1600 Email: krisw101312@gmail.com

 The convention board met on 01/08/2025 and held executive body elections. Below are the results:

Chair: Kris W.
 Vice Chair: Nicki L.
 Treasurer: Bonnie A.
 Vice Treasurer: Kosty S.
 Policy Chair: Crystal L.
 Secretary: Nancy R.

- I believe that everyone who knew her would already be aware, but Crystal L. suddenly passed away last month. She was a long-time NA member, very active in service, and had served a number of years on the convention board over the time she was clean. This is a terrible loss to our board as well as the fellowship as a whole and everyone who knew and loved her. We had just elected Crystal to the Policy Chair position so we will get someone else to fill that position at our board meeting this month.
- We are currently accepting theme submissions for the 2025 convention and the below message was posted to a number of social media groups. Please pass this information on to your areas for anyone who wants to participate:

FSRCNA XXXI Theme Contest

- The winning theme must be from our literature; please include the book and page number.
- The theme must be different from any theme used in previous years (list below)
- Submissions are only accepted from NA members in the Free State Region. Only one submission per person.
- The winner will receive 2 registrations for FSRCNA XXXI, November 28 30, 2025.
- Please email submissions to freestateconvention@gmail.com
- Please include your name and phone number with the submission
- The deadline for submissions is March 11, 2025.

Previous themes are listed below:

FSRCNA 1 1992 A Celebration of Life

FSRCNA 2 1993 With Unity in Mind

WCNA 24 1994 The Message is Hope (Regional convention suspended to host the WCNA 24 per condition of World Bid)

FSRCNA 3 1995 Keeping the Miracle Alive

FSRCNA 4 1996 Carrying the Message

FSRCNA 5 1997 Unlimited Freedom

FSRCNA 6 1998 Experience the Power-It's a Spiritual Journey

FSRCNA 7 1999 Live and Let Live

FSRCNA 8. 2000 Diversity is Our Strength...Unity is the Key

FSRCNA 9 2001 Together We Can

FSRCNA 10 2002 A Decade of Freedom

FSRCNA 11 2003 It's Not the Destination...It's the Journey

FSRCNA 12 2004 The Lie is Dead

FSRCNA 13 2005 If You Want What We Have

FSRCNA 14 2006 Shatter the Illusion

FSRCNA 15 2007 When at the End of the Road...

FSRCNA 16 2008 The Mask Must Go

FSRCNA 17 2009 Never Alone, Never Again

FSRCNA 18 2010 Spiritual Not Religious

FSRCNA 19 2011 Recovery A Process of Discovery

FSRCNA 20 2012 Selfless Service Decades of Freedom

FSRCNA 21 2013 Living Clean the Journey Continues

FSRCNA 22 2014 The Gift

FSRCNA 23 2015 The Therapeutic Value

FSRCNA 24 2016 Fan the Flame of Desire

FSRCNA 25 2017 Planting the Seed

NONE 2018 No Convention

FSRCNA 26 2019 Our Primary Purpose

NONE 2020 No Convention

FSRCNA 27 2021 In The Spirit of Love

FSRCNA 28 2022 Miracle of Recovery

FSRCNA 29 2022 Against All Odds

FSRCNA 30 2022 Beyond Our Wildest Dreams

- The board just recently signed a 3 year contract with the Hyatt Regency in downtown Baltimore where the convention has been the held the last 3 years. We will be having the convention there in 2025, 2026, and 2027 as well.
- Our next board meeting is on 02/12/2025 where we will be assigning board members to subcommittees and reviewing our policies and procedures.

Thank you for allowing me to serve,

Kris W.

FSRCNA Chair

Free State Region of Narcotics Anonymous H & I Report 2/8/25 SC meets 1st Sunday of EVEN months at 7:00 PM on the zoom platform Meeting ID: 841 7781 8163

Passcode: freestate

Submitted by: John P. Contact Info: 410-215-2228, johnnypthird@gmail.com

Area participation update:

The committee has expanded its contact to a total of 7 areas: Baltimore Area, Bay Area, NW Area, Westside Area, Northeast Freedom Area, Susquehanna Area, and Delmarva.

We do not have contact info for, or have not heard back from, EOTB, Small Wonder, and Ocean Gateway. If anyone can provide us the contact info, or can give mine (see above in the header) to them, it would be appreciated. Our goal is to have 100% participation.

Our last meeting was held online on 12-1-24 at 7:00 PM. We meet in even months on the first Sunday at 7 PM.

Meeting Summary:

Areas present: Northwest and Baltimore Areas attended. A report was also received from the Bay area. No other areas attended or submitted reports.

Northwest area: has two openings, both of which will be filled this month after the area SC meeting.

Baltimore area: has 9 facilities that they're supporting, with 3 or 4 vacancies currently. They're planning to do an H&I workshop at some point. More news to follow.

For Bay area, see report submitted below.

New Business: No new business.

Old Business: Several members of the H&I SC attended the Southern California Sponsorship Behind the Walls program SC meeting online to get a sense of how they facilitate their process and what the operational requirements are to create a program for incarcerated members. It was very informative. One of the FSRC members is now participating in that program and will be sponsoring someone who is incarcerated in Southern California, which in addition to being of service will provide us with a better understanding of the process. Through this meeting, and a conversation with the New Jersey program, we have learned that these sponsorship programs usually are a separate subcommittee from H&I.

Bay Area H&I Minutes - January 2025

The subcommittee met on Sunday, January 26, 2025, at SSRC at 7:00 p.m. and opened with the Serenity Prayer, 12 Traditions, and 12 Concepts.

The subcommittee approved the minutes. 21 people attended, including two new members. The meeting closed at 7:30.

Next Meeting: Sunday, February 23, 2025, at SSRC 7:00 pm

Position	Member	Contact	Present
H&I Chair	Rob D	443.248.0538	УES
H&I Co-Chair	Charles M	667.380.1347	YES
Secretary	Erica H	443.539.6156	YES
Literature Chair	Amber B	443.810.1096	YES
Literature Co-Chair	Charissa H	908.531.2131	NO
Panel Coordinator I	Christine S	443.386.3006	NO
Panel Coordinator II	Mike B	410.404.3629	YES

Panel Coordinator I	Christine S - NO REPORT	Panel Coordinator II	Mike B
Chrysalis House:		Pathways	3rd week missed both M + F
MCIJ:		Gaudenzia	No response
Jennifer Road:		Hope House	Everything is great
Men's		Evolve	All is well
Womens		Tranquility Woods	No issues
Ordnance Road:			
Men's			
Womens			
Project Chesapeake:			
Grace House:			

Facility Reports: See back - We currently have 13 positions open.

Old Business

• N/A

Elections: N/A

New Business:

- Evolve has a briefcase for their literature with a code; originally thought it was just for men but women are given access now as well; also asking facility to not touch the box.
- Chrysalis House literature disappearing need to address next month.
- Chris K stepping down from PL of MCIJ

Subcommittee issues: N/A

Bay Area H&I Minutes - January 2025

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recent mooning. Canady, 1 obtain 1 of 1000, at 1000 pm				
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Facility Reports: See back - We currently have 13 positions open.

Old Business

N/A

Elections: N/A

New Business:

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- Chrysalis House literature disappearing need to address next month.
- Chris K stepping down from PL of MCIJ

Subcommittee issues: N/A

Free State Region Policy Facilitator Report

February 8, 2025

Policy Facilitator: Kris W. **Phone:** 443-340-1600 **Email:** krisw101312@gmail.com

- I have an updated January 2025 policy that includes all policy motion updates as of last month. Since we may have a policy motion this month I will hold off before submitting to the website to be uploaded in case additional updates need to be made.
- We have been discussing making it clearer in the policy about the commitment lengths since it is not explicitly spelled out anywhere. Below is a table that we can incorporate into the policy if the RCMs would like. I included the additional "1 month" for continuity and training purposes but that does not have to be included if the RCMs don't want that. It's something that we did in the Northwest Area that has turned out to be helpful which is where the idea came from.

Position	Clean Time	Service Experience	Commitment Length
	Requirement	Requirement	
Executive Body			
Chair	5 years	1 year regional	1 year + 1 month
Vice-Chair	5 years	1 year regional	1 year + 1 month
Secretary	2 years	1 year regional	1 year + 1 month
Alternate Secretary	1 year	-	1 year + 1 month
Regional Delegate (RD)	5 years	2 years regional	WSC Cycle + 1 month
Regional Delegate Alternate (RDA)	5 years	1 year regional	WSC Cycle + 1 month
Treasurer	5 years	1 year regional	1 year + 1 month
Vice-Treasurer	4 years	1 year regional	1 year + 1 month
Policy Facilitator	4 years	1 year regional	1 year + 1 month
Subcommittee Chairs			
Hospitals & Institutions (H&I)	4 years	1 yr. sub-com exp.	1 year + 1 month
Literature	4 years	1 yr. sub-com exp.	1 year + 1 month
Special Events	4 years	1 yr. sub-com exp.	1 year + 1 month
Phoneline	4 years	1 yr. sub-com exp.	1 year + 1 month
Public Relations (PR)	4 years	1 yr. sub-com exp.	1 year + 1 month
Web Coordinator	4 years	1 yr. sub-com exp.	1 year + 1 month

I am still working on a number of other policy topics, and I will continue to update on those.

Thanks for allowing me to serve,

Kris W.

Free State Region Policy Facilitator

Regional Literature Meeting Notes For February 6, 2025

In attendance:

Mario A. – Baltimore Area Literature Chair

Kris W. – Northwest RCM

Lee H. – Westside Area Literature Chair

Julia P. – Northwest Area – Regional Literature Secretary

Peggy S. – Northeast Freedom Area – Regional Literature Chair

Opened with the Serenity Prayer

Old Business

• There were no issues with the updates to the committee's policy for the bi-monthly issuance of the regional newsletter.

New Business

- Our committee elected Lee H. for the vice-chair position and he graciously accepted.
- No additional IDT workshops have been set up yet but that needs to start being researched. Peggy will see what RD and RDA availability are. Next IDT should be about gender language.
- Anniversary Submissions the best way is to fax the information at least a day before the following newsletter meeting. If you miss the deadline by a few days, scan the form and email to Peggy at peggysz@comcast.net.
- Several area chairs asked if there is a possibility of the Region funding the printing of Together We Can newsletter. See attached estimate provided by Time Printers. Funding options will be discussed at Saturday's regionals.

Closed with the Serenity Prayer



TIME PRINTERS, INC. 227 N. Warwick Avenue Baltimore, MD 21223 Phone 410-566-3005 Fax 410-566-9105 www.timeprinters.com sales@timeprinters.com

Estimate

No: **102155**

reprint: #-1
Date: 2/7/25

Customer No: 32

Peggy Free State Regional Service Center 217 N. Warwick Ave. Baltimore MD 21223 Phone: 410-258-3920

E-Mail: peggysz@comcast.net

Quantity	Description			Amount
250	newsletters, 8.5x11, digitally printed on 2	8 pgs., 8.5 x 11 White 60# Offset Soporset 60 sides	# Smooth , 4 sheets,	\$ 215.60
	500	newsletters, 8.5x11, 8 pgs.	\$ 289.14	
	1,000	newsletters, 8.5x11, 8 pgs.	\$ 415.80	
0.1.5				
Sales Rep: Taken by:	House Wayne		SUBTOTAL	\$ 215.60
			TAX SHIPPING	
		Wanted: Wed 2/12/25	TOTAL	\$ 215.60
		March 2020 Newsletters		

FREE STATE REGIONAL LITERATURE COMMITTEE

Policy and Guidelines

Updated 1/13/2025

The Regional Literature Committee (RLC) meets on the first Thursday every 'even' month on Zoom at 6 PM, in accordance with the other Regional Service subcommittee meeting schedules that are listed on the Free State Regional website. On matters affecting RLC policy and internal elections, the Area Literature Chairs are to attend and have the authority to vote. In the absence of the Area Literature Chairs, the Area Literature Vice Chair, Area RCM, or another member whose Area has given authority and confidence to vote can participate with voting status on the Committee.

A. The duties and responsibilities of the RLC include but are not limited to:

- 1. Abide by current Literature Handbook, except where otherwise stated in RLC policy.
- 2. Policy/guidelines must be approved by the Regional Service Committee.
- 3. Information-sharing relating to Area Literature Committee issues, including: inventory; order-filling; order distribution; information gathering; order forms; etc.
- 4. Provide the forum and atmosphere where members may contribute to the development and creation of NA literature, and be responsible for literature development as coordinated with World literature projects. The RLC can draw on other committees and resources of the Region to help facilitate projects. Resources include: Regional Delegates, and Ad-Hoc committees as directed/approved by the Regional Service Committee.
- 5. Promote participation in the Regional Newsletter and Schedule including: publication of accurate information; information-gathering; and readership.
- 6. The RLC can make motions pertaining to their Committee. Motions must be presented by the Chair and seconded by an RCM.

Regional Schedule

- 1. The RLC & Public Relations Subcommittee are responsible for making a Regional Schedule available to all Areas periodically.
- 2. As directed by the Regional Service Committee, the RLC will bring any incomplete Schedule Update forms, missing a contact phone number, to the next Regional Service and return them to the appropriate RCM so he/she can obtain the needed information.

Updating the Schedule

- 1. Regional Schedule updates will be performed according to "Process for Regional Schedule Updates" (see attached). Online meeting updates are strongly encouraged.
- 2. Any forms submitted to a member of the Literature Committee will be put in the designated Schedule Update bin at the Service Center after updating the information.
- 3. If a form is missing information, call the contact person listed on the request to resolve. If the form is missing contact information, return it to the Literature Committee Chair so it can be passed on to the appropriate Area's RCM for completion.
- 4. Paper forms will be added to the Schedule Update file stored with the RSC archives for a period of at least 2 years. No original Schedule paperwork will leave the Service Center once it has been submitted. A copy of each form can be made to facilitate data entry outside of the Service Center
- 5. The Schedule Update file will be organized as follows:

- 1. individual section for each Area in alphabetical order
 - a. individual group forms in date order

Regional Newsletter – Together We Can (TWC)

- 1. The RLC is responsible for the monthly publication of the Regional Newsletter, Together We Can (TWC).
- 2. The duties and responsibilities of this subcommittee include but are not limited to: abiding by the current Newsletter Handbook (except where otherwise stated in RLC or TWC policy),
- 3. The TWC Regional Newsletter Subcommittee editors meet on the 3rd Saturday of each odd month at 12:00 noon at Time Printers, which is adjacent to the Service Center. For further details on the day of the meeting, please ask a special worker at the Service Center.
- 4. It is suggested that, if possible, each Area be represented at the Newsletter meeting. There is a Zoom option for this editors meeting, to better facilitate those areas that are not local. The Zoom ID: 825 4327 0736 Password: freestate
- 5. TWC editors use a template (see attached) to compile the material for each edition of the newsletter and provide it to the printer in the same format.
- 6. The deadline for all submitted material is the 3^{rd} Saturday of each odd month by 11:30 AM.
- 7. Anniversary and Group News information must be submitted on the proper forms and put in the designated bin at the Service Center (or they can be faxed). Forms are available at the Service Center, or they may be available at your Area Service.
- 8. Any forms submitted to a member of the Literature/Newsletter committee will be submitted to the Service Center as soon as possible, but no later than the deadline. This is to reduce the likelihood of forms getting lost or misplaced, or missing the editorial deadline for the current monthly issue.
- 9. Event information submitted for publication will be prioritized based on available space. Regional events will have priority.
- 10. Policy/guidelines must be approved by the Regional Service Literature Committee.

POSITIONS AND ELECTIONS:

- 1. Positions include but are not limited to: Chair, Vice-Chair, Secretary, Newsletter Chair.
- 2. All position terms are for 1 year. Clean time requirements are as follows:

Chair -4 yrs.

Vice-Chair – 3 yrs.

Secretary – 1 yr.

Newsletter Chair − 2 yrs.

- 3. The Literature Committee Chair can be nominated by the RLC and is elected by the Regional Service Committee. The election coincides with the annual Regional elections in August.
- 4. Election of the Literature Committee Vice Chair, Secretary, and Newsletter Chair will also coincide annually with August Regional elections. All positions can be filled by Area Literature Chairs or any other member of the Committee.

Duties and responsibilities for positions:

Chair

- 1. Coordinate and facilitate Literature Committee meetings.
- 2. Provide a written agenda for each meeting.
- 3. Obtain and make available relevant information pertaining to literature development.
- 4. Provide and present a written report of Literature Committee business to the secretary before the next Regional Service Committee meeting.
- 5. Attend the ENTIRE Regional Committee meeting in order to be available if Literature Committee issues/discussion arise during the meeting.
- 6. The RLC Chair is permitted up to 2 excused absences per 12-month period from required Regional meetings and events. Note: Redress is to be made available within 30 days.
- 7. The RLC Chair's position will be vacated if the Chair is absent from 2 consecutive obligated Regional Service responsibilities.
- 8. Coordinate the publication of the Newsletter and Schedule.

Vice Chair

1. The Vice Chair assists the Chair in all duties relating to literature work. The Vice Chair is a key figure in the structure of the RLC and acts as the Chair if for any reason, the Chair is unable to attend RLC meetings or fulfill the responsibilities of the position. The Vice Chair will maintain close contact with the Chair and assist in the administration of RLC functions. The Vice Chair should attend all meetings of the committee.

Secretary

- 1. The Secretary records minutes of the literature committee meetings and distributes these minutes to the participants of the meeting. Consistency in getting the minutes out on time is an important part of communication within the committee. This helps the committee by reducing the need to go over agenda items after a consensus has been reached. Depending on which is more convenient, the Chair or Secretary maintains an active file of works in progress. They may, of course, recruit other members to assist in the performance of clerical duties.
- 2. Write down all proposed motions and read them aloud prior to voting.
- 3. Maintain the Literature binder (can be electronic) with updated policy, minutes, contact list, and other relevant information, and bring it to all Literature Committee meetings.

4. E-mail everyone the minutes, agenda, current copy of the contact list, and other relevant information.

PROCESS FOR REGIONAL SCHEDULE UPDATES (1/2025)

- ALL schedule changes, updates, and additions **MUST** be submitted to the Service Center on the appropriate forms or submitted online (see instructions below). Submissions can be made via fax, mail, e-mail, or in person to the designated drop-off box at the Service Center. Forms **WILL NOT BE ACCEPTED** by any other means.
- There is a link available on the Free State Regional Website -- Meeting List Update that will direct you to a screen where you can enter meeting schedule changes, updates or additions. The screen will not allow the request to be submitted until all mandatory fields are completed. This is the preferred method for schedule updates.

HOW TO SUBMIT CHANGES:

ONLINE - Preferred Method

or

MAIL, FAX, E-MAIL, or DROP OFF to the Free State Regional Service Center

217 N. Warwick Ave. (21223) 410-566-4022 (fax) 410-362-8505 barsc@verizon.net

OFFICE HOURS:

Mon & Fri 12 noon – 4 PM Saturday 10 AM – 4 PM Closed Tues, Wed & Thurs

217 N. Warwick Ave. (21223) 410-566-4022 (fax) 410-362-8505 barsc@verizon.net **OFFICE HOURS:**

Mon & Fri 2 PM - 6 PMTues & Thurs 2 PM - 7 PMSaturday 10 AM - 4 PM

NEWSLETTER COMMITTEE Editorial Template

Together We Can Editors:	Issue Date:	(month and year)
Stop of First Month	Erom	
Step of First Month Page (Paragraph)	Paragraph	
Tradition of First Mont Page (Paragraph)	h From: Paragraph	
Step of Second Month Page (Paragraph)	From:Paragraph	
Tradition of Second Mo Page (Paragraph)	onth From: Paragraph	
Thought of the Month Page (Sentence or Two)	From: Just for Too Paragraph	_

Together We Can	Issue Date:	(month and year)	
Acronym:			
	-		
History Item: Page Par (From Literature or Region)	From: agraph)		_
Recovery Tool Box:			
Sound Off Question for Nex	xt Month:		
Sound Off Responses			

Together We Can Issue Date: (month and year)

Sound Off Responses Cont.

Other Item to Be Included: (i.e. Next Regional, Convention Information, etc.)



Free State Region of Narcotics Anonymous SUBCOMMITTEE REPORT



Subcommittee: Special Events	Date: <u>2/8/2025</u>
Attendees:	
	☐ East of the Bay Area
☐ Northeast Freedom Area ☐ Northwest Area ☐	Ocean Gateway Area
☐ Susquehanna Area ☐ Small Wonder Area	☐ Westside Area
Nothing new to report. I have made headway with getting in	touch with a few different
chairs at different times. The NEFA area and the Westside are	ea Chairs. Talking with them
separately, we dicussed if we could change our Subcommitte	e time to later time to be able
to have people join.	



Narcotics Anonymous SUBCOMMITTEE REPORT



Subcommittee:Public Relations		Date:2.8.25	
Attendees: →Baltimore Area →Bay Area	Delmarva Area	East of the Bay Area	
→Northeast Freedom Area	Northwest Area	Ocean Gateway Area	
Susquehanna Area Sm	all Wonder Area	Westside Area	

There were 5 of us in attendance on Zoom call. We discussed the upcoming Bmore Healthy Expo that is set to occur on 3/8/25. Sam M secured liability insurance and was working to get paid. I assume it all went well, have not heard otherwise. We were going to get literature while at service center, but with it now being all virtual, we will have to pre-order and Craig, from Balt area agreed to pick it up. We believe that we have the entire event staffed with NA members, but if you are interested in serving, please reach out to me or your area PR chair.

We are now planning for Tuerk Conference 4/29/25. We will be asking for \$1500 to cover cost of table, 4 badges and literature. The region can pay vendor/s directly via check or however it was done last year. The setup is the same as previous years and to my knowledge cost has not changed either. A motion has been submitted and will require seconding. Balt, Bay Area and NEFA are all planning future events to attend as well as discussing learning Days, etc. that will even appeal to NA members who can learn about various sub-committees with intent to lure them into service work.

I wanted to let the region know that I will try my best to serve, but have limited availability due to recent promotion at work that has affected my flexibility/availability. I am happy to serve in this role, but will rely heavily on other members to facilitate meetings when I cannot, attend events that occur during weekdays, to assist with event coordination and anything else needed to carry out our mission.

February 2025

We held the Bi-monthly Phone Line Meeting on Zoom 02/08/2024 at 9:05am, with Seven in attendance.

Bay Area, NEFA, North West, Susquehanna

Discussed:

Review of Januaries report for calls, voice mails and dropped calls.

CALLS 109

Rejected calls 10

Voicemails 25

YAP missed calls 52

voicemails 25

false rejected calls 17

actual missed calls 10 = 9 %

Freestate phoneline website: The new updates to the web site were reviewed and discussed. These changes will provide ease access for area chairs to locate information, such as submit shift changes to the admin and myself. Quick links to Volunteers sorted by area, the handbook and shift openings.

A change of two volunteers per shift instead of three is being implemented; going forward for more accurate reporting and less

The twelve-step list updating was reviewed and discussed.

Question and answers sessions,

Open shifts:

W 7:30 AM-1:00PM

Th 1:00PM-5:00PM

F 7:30AM-1:00PM

FS 11:00pm-7:30 AM

In Loving Service Mary Clare W.



Free State Region of Narcotics Anonymous Motion Form



Maker:	Kristy D		Second:		
Motion:					
Regional PR is requesting \$1500 for upcoming Tuerk Conference on Tuesday, April 29, 2025 at the Convention Center. The basic table cost for the day is \$800 and comes with one (1) badge. Last year, two additional badges were purchases for \$200/each. The multiple badges allows for two+ members to man table during the entire day and a back up person should someone need to leave. Policy states that we should have no less than two members when doing events and/or presentations. We can purchase table and three badges for \$1400 and have surplus funds for literature.					
Intent:					
To carry the message and aim for the public to recognize NA as a positive and reliable organization. Further develop valuable relationships with professionals and the general public through networking.					
Financia	l Impact:				
\$1500					
	***********D0	O NOT WRITE	BELOW THIS LINI	_*****	
Date:			Tabled Until:		
Policy M	Iotion?	YES	□ NO		
Accepted	l by:				
	For:	Against :	Abstain :		

Mot	tion Results:		
	Pas	Fail	Withdrawn
	S		
	By Acclamation		Out of Order

Motion: to update regional policy on "cancelation" to read:

Inclement Weather:

Inclement Weather Policy: The Executive Body is to decide if meeting online only is necessary by 10 pm the evening before the RSC meeting. If decided to only meet online, the Chair will notify the Website Coordinator who will then post it to the Regional website. If that decision is made, the meeting goes on as usual at the same date and time online only instead of the normal hybrid meeting. It is up to all participating members of the RSC to attempt to be aware of the status of the RSC meeting if inclement weather threatens.

Intent: To utilize our ability to meet online only and not need to meet at a different date when we may not know the availability of the Service Center.

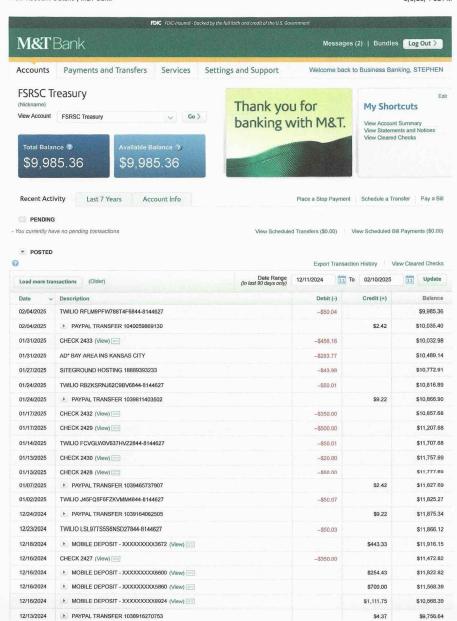
Policy motion? YES

Made by: Tyrone M. – Small Wonder Area Seconded by: Rodney P. – Bay Area

Motion Passes

For: 8 Against: 0 Abstention: 0

INCOME				
AREA	CHECK DATE	CHECK #	DONATIONS	TOTAL
Baltimore				\$0.0
Bay				\$0.0
Delmarva				\$0.0
East of the Bay				\$0.00
N.E. Freedom				\$0.00
Northwest				\$0.00
Ocean Gateway				\$0.00
Small Wonder				\$0.00
Susquehanna				\$0.0
Westside				\$0.0
				\$0.0
Misc.				\$0.0
PayPal			\$11.64	\$11.6
				\$0.0
				\$0.0
			Total Donations	\$11.6
EXPENSES	ESTERISMENT NEWS			
DATE	CHECK #	PAYEE	DESCRIPTION	AMOUNT
02/08/25	2434	FSRSC	Service Center - March Donation	\$350.0
01/15/25	2433	Randy K., RD	MARLCNA January 2025	\$456.1
02/08/25	2435	Steve R., Treasurer	Postage Stamps (60 X .73)	\$43.8
				4500
01/14/25	DEBIT	TWILIO	800 Line	\$50.0
01/22/25	DEBIT	TWILIO	800 Line	\$50.0
02/04/25	DEBIT	TWILIO	800 Line	\$50.0
01/24/25	DEBIT	SITEGROUND	Domain Renewal (fsrna.org, freestatena.org)	\$43.9
01/31/25	DEBIT	BAY AREA INSURANCE	P.R. Event Insurance, March 8, 2025	\$283.7
Outstanding Check: 12		4 WSC., \$2574.82	Total Expenses	\$1,327.7
CASH BALANCE			Beginning Balance	\$8,239.5
			Total Income (+)	\$11.6
			Total Expenses (-)	\$1,327.7
			Ending Cash Balance	\$6,923.4
			Ending outil bulance	40,720.1
OPERATING BALA	NCE			
			Beginning Balance	\$6,923.4
			Beginning Balance Ad Hoc Event (Service)	\$350.0
		Bill	Iboard Project (2 Remaining Locations)	\$3,800.0
			PR Booth, Balance	\$1,716.2
		PR - E	vent on 06/04/25 at Tuerk Conference	\$1,500.0
			Prudent Reserve	\$2,925.0
				40.0
			Public Information Events	\$0.0
World Service Confer	ence May 3 - 9 2026	*12 Months prid	Public Information Events or to WSC : \$5k for RD & RDA Travel	
World Service Conference	ence May 3 - 9 2026	*12 Months prid		\$0.0
World Service Confer	ence May 3 – 9 2026	70000 000 00 00 00 000	or to WSC : \$5k for RD & RDA Travel Available Cash Balance	\$0.0 -\$3,367.8
World Service Confer	ence May 3 - 9 2026	*12 Months prio	or to WSC : \$5k for RD & RDA Travel Available Cash Balance Donation to NA World	\$0.0 -\$3,367.8 \$0.0
World Service Confer	ence May 3 - 9 2026	70000 000 00 00 00 000	or to WSC : \$5k for RD & RDA Travel Available Cash Balance	\$0.0 \$0.0 -\$3,367.8 \$0.0 \$6,923.4
World Service Confer FSRSCNA Treasur Steve R.		70000 000 00 00 00 000	or to WSC : \$5k for RD & RDA Travel Available Cash Balance Donation to NA World	\$0.0 -\$3,367.8 \$0.0



IT IS ONLY A SUGGESTION

TO AREA TREASURER'S

DIRECT DEPOSIT INSTRUCTIONS FOR DONATIONS

How to direct deposit into the Regional Checking Account.

- This is a safe, quick, & efficient method of making a donation.
- The check clears the bank in a few days.
- No outstanding checks.

The Free State Regional Account is with M&T Bank.

- Our bank account number is 42511992.
- Making out the deposit slip.
- Enter today's date & mark the box for checking.

Customer:

FSRSC of NA

Address:

217 North Warwick Avenue

Baltimore, MD 21223

- Enter the amount being deposited.
- Make a copy of the check Front & back.
- Make a copy of the M&T Bank deposit slip.
- Make a copy of the M&T Bank receipt.
- Scan the 3 copies as PDF.
- Email the scanned information to: freestateregionaltreasurer@gmail.com

Once the check is deposited & clears into the Regional Checking Account, You will receive a confirming email of the deposit.

Any troubles with the above, email the Regional Treasurer.

ILS.

Steve R.

FSRSC Treasurer



Bay Area Special Events

is hosting a

Bull Saling Roasting Dance!

Saturday, April 19, 2025

6:00 pm - 11:00 pm

Event by Beefalo Bob's

Reflections Catering Hall

8015 Fort Smallwood Road Curtis Bay, MD 21226

— 50-50 Raffle —

Ticket: \$25.00

(Advance Sales Only - No tickets sold at door)

For more info, call:

Eric 410-301-6524

Taylor W. 301-651-1749

Frances 571-245-3994







Bay Area Special Events





Saturday, March 15, 2025

9:30 pm - 11:30 pm

Glen Burnie Bowl

6322-A Ritchie Highway Glen Burnie, MD 21061

Attire: WEAR SOMETHING <u>GREEN!</u>
Concession available on site



Tickets: \$20.00

For more info, call: Eric 410-301-6524 Taylor W. 301-651-1749 Frances 571-245-3994





Bay Area Special Events

is hosting a



Saturday, February 22, 2025

5:00 pm - 9:00 pm **Speaker at 7:30 pm**

St. John Lutheran Church

300 West Maple Road Linthicum, MD 21090

Free Admission!
Hot Dogs & Drinks On Sale
Home Group Participation Encouraged

For more info, call: Eric 410-301-6524 Taylor W. 301-651-1749 Frances 571-245-3994





Web Team Report March 2025

Information from the Month of February

The minutes and anniversaries were uploaded to the site.

When submitting anniversaries please check with your home group prior to ASC to ensure we have the dates, times, meetings and years correct. We understand that there may be some mistakes, but we should have to make corrections a couple times a week. This then turns being on the web team a part time job.

KISS meeting was added to list so literature could print updated schedules.

Some minor tweeks have been made including putting the JFT and SPAD on the main page.

For January we had 117 sessions with 231 page views. Average time of engagement 1 Min 8 seconds Our page view are as followed

124 Find a meeting76 Main Page4 Contacts5 Page Not found8 Documents4 Events page

So.. people went to the site and looked up something.

As we continue with our web presence we are welcome to having others join the web team to help us stay current on events, meetings and general information on our web page.

If there are any errors or you have suggestions for pages, please let us know!

Our new email is Admin@nwarea.org

Happy to serve,

NorthWest Area Web Team

Northwest Area H&I Subcommittee Report March 2025

We currently have 4 facilities. (A total of 29 meetings)

Right Turn – All positions are filled

MARC – All positions are filled.

Mountain Manor – All positions filled

Gaudenzia – All positions filled

The Next Regional meeting for H&I will take place on April 6, 2025 (even month) at 7pm on zoom. Meeting ID: 820 5967 6797 Password: freestate

The Northwest H&I subcommittee meeting will be held on Sunday, March 16, 2025 at 5:30 p.m. on Zoom. Meeting ID: 86140141633

In loving service,

Meghan P. H&I Chair

Meeting Notes for Special Events, February 16, 2025

Attendees:

- •
- Michelle H 12 traditions
- Jeff
- Paul
- David
- Lyndsay
- Hanna C. (virtual)

Reports

- Chair Vacant
- VP No report
- Treasury \$2,935.45
- Secreatary update on location for 5K
- Flier camera ready art to webmaster and Paul

Old Business

- 1. Spiritual Breakfast 5/26/2025.
 - a. Bucks Club confirmed. Need to get liability/insurance forms signed
 - b. Doors Open at 9:30. Breakfast at 10:00-11:30. Speaker at 11:30
 - c. Menu Eggs, Pancakes, sausage, bacon, fruit, coffee
 - d. \$15/person. 12 and under eat free
 - e. Need to start recruiting volunteers to help with set up and prep
 - f. Girl speaker
 - g. Alyssa will not be at event
 - h. To Do: Draft Flier for March meeting, draft ticket
- 2. 5K April 13
 - Westminster Veterans Memorial is confirmed location with walking trail .8 miles
 - 5K at 1 PM and speaker at 2:30
 - \$10 registration with runner bib
 - To Do: Flier, Music (speakers and Bluetooth) Free for kids under 12?
 - Goal is 50 people
- 3. Growing Special Events Jeff to alert area we are in need of support. Goal is to fill Vice Treasurer position before Spiritual Breakfast
- 4. Possible Future Events:

0

- Kickball tournament register as homegroups
- o Family Feud

- Paint Night (for profit)
- Bonfire meeting (free)

- Sunday Football Chile Cook Off (free or for profit)
- NA Trivia Night (free or for profit)
- Gingerbread House Making Contest (for profit)
- Trunk or Treat (free)
- Narcan Training Special event is that an outside issue and would it violate our traditions/concepts? Michelle doing some research.

New Business:

Group Concerns

- 1. Open Positions Vice Treasurer
- 2. Need to get inventory back from Alex Alex dropping off at Mt. Zion and will notify us when there
- 3. Waive clean time requirement for Dave to serve as chair thru August. Take to March area for approval.
- 4. Get key and binder from Jack

Business Checking

PNC Bank

For the Period 02/01/2025 to 02/28/2025

Primary Account Number: XX-XXXX-4595

Page 1 of 1

Number of enclosures: 0

NORTHWEST AREA SPECIAL EVENTS OF NA

PO BOX 304

FINKSBURG MD 21048-0304

💶 For 24-hour banking sign on to PNC Bank Online Banking on pnc.com FREE Online Bill Pay

For customer service call 1-877-BUS-BNKG

Para servicio en espanol, 1-877-BUS-BNKG

Moving? Please contact your local branch

Visit us at PNC.com/smallbusiness

Business Checking Summary

Account number: XX-XXXX-4595

Overdraft Protection has not been established for this account. Please contact us if you would like to set up this service.

NORTHWEST AREA SPECIAL EVENTS OF NA

Balance Summary

Beginning balance 2,934.95

Deposits and other additions .00

.00

Checks and other deductions 176.00

Ending balance 2,758.95

2,903.52

PO Box 609

Pittsburgh, PA 15230-9738

Average ledger balance 2,903.52

Checks and Other Deductions

Average collected balance

Deposits and Other Additions Description

Items Amount

0

Description **Debit Card Purchases**

Total

Items 1

1

Amount 176.00

176.00

Daily Balance

Total

Date Ledger balance 02/01 2,934.95 Date 02/24 Ledger balance 2,758.95

Activity Detail

Checks and Other Deductions

Debit Card Purchases

Date Amount posted 02/24 176.00

description

6119 Debit Card Purchase Cph Liability Insuranc

number 38513933017186119054

800-8751911 II

Detail of Services Used During Current Period

Note: The total charge for the following services will be posted to your account on 03/03/2025 and will appear on your next statement as a single line item entitled Service Charge Period Ending 02/28/2025.

Description

Volume

Amount

Monthly Account Maintenance Fee

.00

Requirements Met

Total For Services Used This Period

.00

Total Service Charge

.00

Phoneline Report March 2025

We always need Volunteers. We need volunteers to add to the 12th step call list for the Northwest Area.

If anyone is interested, please contact me for more information and training

Ally: 443-602-0897

Day Shift

Attached is the list of shifts that are open.

Wed W 7:30AM-1PM

Thurs Th 1PM-5PM

Fri F 7:30AM-1PM

Fri F 8PM-11PM

Sat F-S Overnight 11PM-730AM

We did well last month, our missed call rate went below 10 %

TOTAL CALLS 109

Rejected Calls 10

Voicemails 25

YAP Missed Calls 52

False Rejected calls 17

YAP System assigns rejected calls to volunteers who missed calls to another caller, or when more than one volunteer is trying to answer the same call

=Actual missed calls 10 = 9%

In loving service,

Ally M.

Northwest Area Literature Chair Report

March 5, 2025

Literature Chair: Kris W. **Phone:** 410-596-0235 **Email:** literature@nwarea.org

Northwest Area

- I ordered \$479.01 in literature for this month. The allowance was \$608.82. The allowance each month includes an additional \$100 over what was sold last month but I am going to try to stay close to the amount of sales from the previous month when ordering.

- We have new area schedules that are labeled as March 2025 and they are on green paper.
 These new schedules include Miracles Happen and K.I.S.S. (Keep It Simple Sister) groups that were added recently. The New Way of Life meeting that recently closed has been removed from the schedule.
- I performed a literature inventory on 2/16. Thanks to those that came by and helped. We did
 not complete the inventory that day so the rest of it was done after that. All of our items have
 been inventoried, including all of the IP's which were all counted.
 - o I also performed an "order inventory" based on all the orders that were placed by groups over the last 14 months. This gives me a good idea of what the maximum orders were for any individual item in any given month. This will help us to understand more specifically how much of each item we should keep on hand. Right now, we have more inventory of many items than what we really need and not enough of some others so I will adjust ordering accordingly and I hope this information can help future Literature chairs.
- From doing the inventory, there were other things that came to my attention such as:
 - IP #1 Who, What, How, Why is marked as FREE on our area order forms. This is a typo and I'm not sure how long it has been that way but any group ordering that IP has been getting them for free. The correct cost for the IP based on our other prices would be \$0.30. I have updated this on all the current order forms that we have here at area.
 - Our area policy on literature pricing is as follows:
 - "To allow the literature committee to charge 10% on all literature purchased by groups to defray cost (08/04/1993 38th ASC).
 Intent: To keep the area from eating the costs incurred (since we, "the area" must pay tax and shipping/handling)."
 - There are two issues with this I am going to look into:
 - The first thing is that the prices we have on our area order form are sometimes above or below a 10% markup. I will inventory all the prices and report back to the area at the next area service meeting.

- The second thing is that if we want to prevent the area from eating the costs incurred from paying tax and shipping/handling from the service center, 10% doesn't cover it. We pay 6% tax then between 8-12% shipping/handling on every order whether we pick it up or not because the shipping/handling is based on those charges the service center pays to NAWS for the literature and they pass it forward to us or anyone else ordering from them. We do receive a 6.5% discount if we order over \$500 in literature which we do most of the time but not always. To defray all additional costs we would have to be marking up literature somewhere between 14-18% without the discount, and 7.5 11.5% with the discount. I will look at this further and come back to area with a suggestion on how to address this at the next area service meeting.
- We also have a number of things on the area literature order form that we never stock, such as but not limited to, Paper Basic Texts, Spanish Basic Texts, Laminated Readings, etc. When an item is ordered on the order form and money is submitted, if we don't have it, we tell groups we will get it to them at the next area service meeting. No refunds are given. I'm questioning the usefulness of having items on the order form that we never keep in stock, unless we possibly have a disclaimer on these items that they will not be available until the next area service meeting. I'll come back to area service next month with more information on this as well.
- We still have "Regional Newsletter" as an item for sale when they no longer print the newsletter. It is currently available online only and there are no current plans to bring it back to print.

Free State Region

- I was in attendance for the Thursday, February 6th regional literature meeting at 6pm on Zoom. The next meeting is on April 3rd. The regional Literature committee meets every other month on the 1st Thursday.
 - At our last meeting we elected Lee H. from West Side to be the Literature Regional Vice Chair.
- At www.na.org/naws-projects-and-surveys/ there are a number of surveys that can be completed by individual members, groups, etc. Some are based on the IDT's but there are others including the "Survey on Step Working Material"

Thank you for allowing me to serve,

Kris W.

Treasurers Worksheet

Date: 3/5/2025

Nortwest Area Service Committee Meeting

	INCOME		
Group	Literature Sales	Donations	Totals
A High You Cannot Buy			\$0.00
Attitude of Gratitude	\$151.32	\$34.68	\$186.00
Be the Change	·		\$0.00
Behind Enemy Lines			\$0.00
Change is a Process			\$0.00
Don't Die Westminster			\$0.00
Friday Night Reach Out			\$0.00
Get 2 Steppin	\$70.44	\$69.56	\$140.00
Give Yourself a Break	\$12.00	\$38.00	\$50.00
Honest About Drugs			\$0.00
Hope In Hampstead	\$100.46	\$0.54	\$101.00
In Quiet Moments	\$51.44	\$8.56	\$60.00
Keeping It Clean			\$0.00
Keeping the Miracle Alive		\$45.00	\$45.00
Message is Hope			\$0.00
Miracles Happen			\$0.00
Never Alone	\$16.09	\$65.91	\$82.00
New Begingings	\$104.05	\$75.95	\$180.00
New Way of Life			\$0.00
NOW Group			\$0.00
Promise is Freedom			\$0.00
Risky Business			\$0.00
Saturday Noon		\$80.00	\$80.00
Serenity on Sunday	\$147.51	\$2.49	\$150.00
Surrender Together			\$0.00
The Ties That Bind Us			\$0.00
Together We Can			\$0.00
Topics of Recovery	\$35.12	\$0.88	\$36.00
Westminster Men's Rap	\$122.90	\$7.10	\$130.00
			\$0.00
Misc. Income (Wix Refund)			\$0.00
Donation			\$0.00
Public Information	\$5.40		\$5.40
H&I	\$98.52		\$98.52
Totals	\$915.25	\$428.67	\$1,343.92

EXPENSES						
Check #	Payable To	Reason	Amount			
1228	Mt. Zion	Rent	\$90.00			
1227	FSRSC	Lit Order	\$479.01			
	Public Information	Subcommittee (from income)	\$5.40			
	H&I	Subcommittee (from income)	\$98.52			
Totals			\$672.93	\$672.93		

Treasurers Report

Date: 3/5/2025

Balance From Prior Month \$2,760.82

Corrections From prior Month:

Beginning Balance: \$2,760.82

Total Income: + \$1,343.92

TOTAL INCOME \$1,343.92 SUBCOMITTEE PURCHASE - \$103.92 TOTAL DEPOSIT = \$1,240.00

Total Expenses: - \$672.93

Subtotal: = \$3,431.81

REGIONAL DONATION CALCULATION

 SUBTOTAL
 \$3,431.81

 PRUD RES
 \$2,152.00

 LIT BUDGET (Sales + \$100)
 \$1,015.25

 DONATION
 =
 \$264.56

*CHECK

Ending Balance: = \$3,167.25

Current Prudent Reserve Expenses	Per Month	3 Months	Reserve Amount
Area Rent + cleaning fee	50.00	\$150.00	\$150.00
Subcommittee Rent	40.00	40.00	40.00
Trusted Servant Reimbursement	20.00	\$60.00	\$60.00
Area Lit. (for newly printed lit.)	100.00	\$300.00	\$300.00
PI Literature	50.00	\$150.00	\$150.00
H&I Literature	100.00	\$300.00	\$300.00
Secretary Supplies	10.00	\$30.00	\$30.00
	Annual	1 Year	Reserve Amount
Bank Checks - As Needed	Annual	\$54.00	\$54.00
PO Box - June	Annual	\$156.00	\$156.00
General Liability Insurance - Oct	Annual	\$470.00	\$470.00
Website hosting - Nov	Annual	\$192.00	\$192.00
Website Address - Nov	Annual	\$250.00	\$250.00
Total Prudent Reserve			2,152.00

protectpassword: na

Non-Profit Checking

PNC Bank

For the Period 01/18/2025 to 02/19/2025

Primary Account Number: XX-XXXX-7474

Page 1 of 1

Number of enclosures: 0

NORTHWEST AREA

SERVICE OF NARCOTICS ANONYMOUS

For 24PNC Ba

PO BOX 304

FINKSBURG MD 21048-0304

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PNC Bank Online Banking on pnc.com
FREE Online Bill Pay

For customer service call 1-877-BUS-BNKG

Para servicio en espanol, 1-877-BUS-BNKG

Moving? Please contact your local branch

Visit us at PNC.com/smallbusiness

Non-Profit Checking Summary

Account number: XX-XXXX-7474

NORTHWEST AREA SERVICE OF NARCOTICS ANONYMOUS

Pittsburgh, PA 15230-9738

Overdraft Protection has not been established for this account. Please contact us if you would like to set up this service.

Balance Summary

Beginning Deposits and other additions Checks and other deductions Balance 3,956.91 876.00 740.45 4,092.46

Deposits and Other Additions Checks and Other Deductions Description Description Items Amount Items Amount Deposits 876.00 2 740.45 1 Checks Total 1 876.00 Total 2 740.45

Daily Balance

 Date
 Ledger balance
 Date
 Ledger balance
 Date
 Ledger balance

 01/18
 3,956.91
 02/07
 4,182.46
 02/18
 4,092.46

 01/22
 3,306.46

Activity Detail

Deposits and Other Additions

Deposits

Date postedTransaction descriptionReference number02/07876.00Deposit046446612

Checks and Other Deductions

Checks and Substitute Checks * Gap in check sequence

Date Check Reference Date Check Reference posted number posted number Amount Amount number number 018473035 650.45 02/18 010955159 01/22 1222 * 1224 * 90.00